



Maternal Newborn Nursing Exam Review

Course Description

Presented in lecture format, this course reviews topics for the Maternal Newborn Nursing Exam by the National Certification Corporation (NCC). Elements of the examination are discussed, followed by a review of the content. The major components include disease processes during pregnancy, maternal and fetal complications, postpartum and neonatal assessments. Practice questions are integrated throughout the presentation.

Program Learning Outcomes

This program prepares the learner to:

- Describe the Maternal Newborn Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

0800 **Understanding the NCC Examination**
Preparing for the Examination | Taking the Examination | Reference Review

Factors Affecting Maternal/Neonatal Outcomes (10%)

0900 **Maternal Health Status**
Obstetrical History | Antepartum Physiologic Changes | Lab Values

0930 **Break**

0945 **Antepartum Risk Factors and Complications**
Hypertension | Diabetes | Cardiac Disease | Antepartum Infectious Bacterial and Viral | Anemias: Iron Deficiency and Folic Acid

1130 **Lunch**

1230 **Antepartum Risk Factors and Complications (cont.)**
Substance Abuse | Preterm Labor | Multiple Gestation

1400 **Break**

1415 **Fetal Assessment**
Ultrasound | Non-Stress Test | Biophysical Profile | Maturation Studies

1445 **Intrapartal Factors**
Regional Complications | Complications of Labor | Cord Gases

1600 **Adjourn**

Day 2, 8:00 am to 3:00 pm

Maternal Assessment/Management in Postpartum Period (44%)

0800 **Physiologic Changes | Comprehensive Assessment**

0830 **Postpartum Complications**

Hemorrhage | Infections | Thrombophlebitis | Disseminated Intravascular Coagulation (DIC)

0930 **Break**

0945 **Lactation and Newborn Feeding**

Anatomy and Physiology | Hormonal Influences | Breastmilk Composition | Breastfeeding Complications | Bottle Feeding

Newborn Assessment & Management (44%)

1030 **Transition to Extrauterine Life**

Initial Physiological Adaptions | Thermoregulation

1130 **Lunch**

1230 **Physical Assessment**

Gestational Age | Systems Review | Complications

1330 **Break**

1345 **Physical Assessment (cont.)**

Systems Review | Complications (cont.)

Aspects of Professional Practice (2%)

1430 **Ethical Principles | Nursing Liability**

1500 **Adjourn**

Accreditation

RN/LPN/LVN/Other: 12 Contact Hours

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